

Field Activity program



**Syllabus for the first quarter
January 6, 2009 – March 26, 2009**

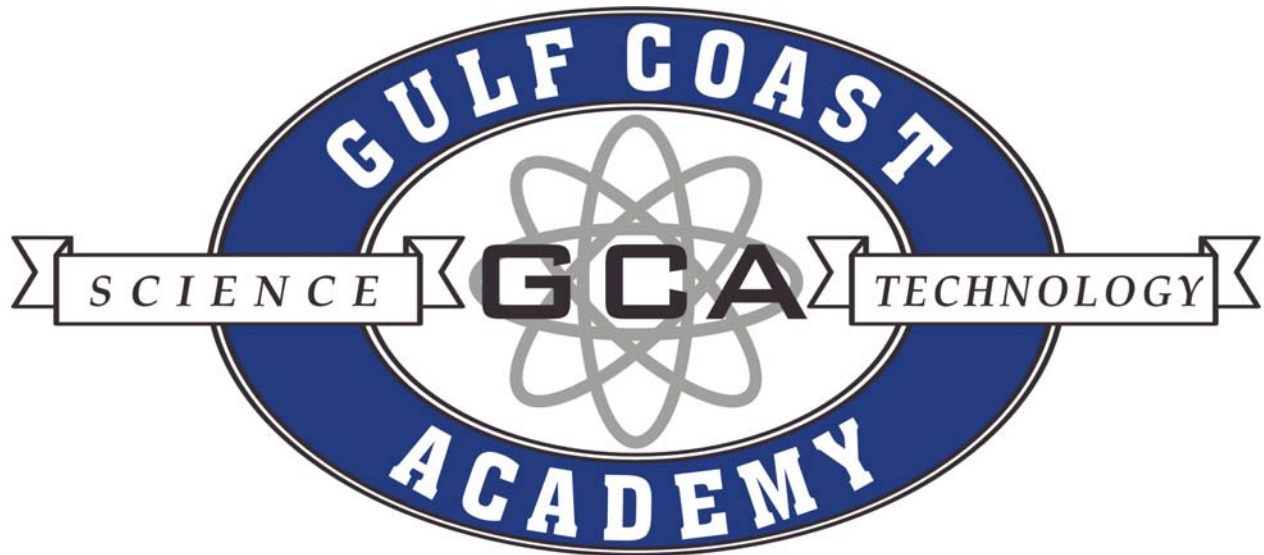
**Fap coordinator: Mr. James Kaufmann
Kaufmann@gul fcoast academy.org**

**Fap teacher: Miss Vigneault (Miss Aubrey)
vigneault@gul fcoast academy.org**

FAP Phone number: 352-428-4860

Name: _____

Date: _____



WEEK	6TH GRADE	7TH GRADE	8TH GRADE
19	NO SCHOOL	STAGE-C	TENNIS
20	MANATEE ENCOUNTER	STAGE-C	TENNIS
21	NO SCHOOL	STAGE-C	USF HIGH ROPES
22	OYSTER LAB	SWORDPLAY LIBRARY	SAINT LEO
23	SEA TURTLES	STAGE-C	GOLF
24	GARDENING	FCAT STAGE-C	COURT HOUSE
25	NO SCHOOL	STAGE-C PERFORMANCE	CHONS-CSP SURVIVAL LW-SHELL ISLAND
26	RIVER CRITTER	ARCHERY	CHONS-SHELL ISLAND LW-CSP SURVIVAL
27	GOLF	SOFTBALL	SOFTBALL
28	TEAM GAMES	FCAT TEAM GAMES	SOFTBALL
29	FCAT GARDENING	ROCKETS	SAINT LEO SERVICE
30	VERTICAL ADVENTURES	NASA	BOWLING

Name:



Syllabus

Welcome to the Field Activity Program!

The purpose of the field activity program is to provide safe, organized, interactive, experiential learning opportunities that: instill self confidence; foster positive team interaction; encourage responsible behavior; offer physical challenges, provide support activities for the core academic program, and equip students with skills that will prepare them for future endeavors. We hope that you will take full advantage of this course by applying the knowledge that you gain to pursue all of your dreams and goals throughout life.

Calendar Considerations:

The first FAP academic quarter spans from 10/20/08 to 12/19/08 and the following days are not in session during this time period:

Veterans Day: November 11, 2008

Thanksgiving Break: November 26-28

Winter Break: December 22-January 5

Students Return: January 6

Activities:

During the first semester, the activities listed on the previous pages have been tentatively scheduled. *{Please note that the Field Activity Program (FAP) schedule is subject to change without notice due to weather, transportation, staffing, and other factors which are beyond our control.}*

Required Equipment:

ALL field activities require the following items:

Activity Bag including: Swim Suit, Poncho, Sunscreen (SPF 15 or more), Towel, Change of clothes (dress code appropriate socks, underwear, shirt, and shorts), 2 Hydration drinks (water and choice of Gatorade, PowerAde, or Water), 3 pens/pencils (blue or black only), Emergency \$2.00, Checkbook, Planner, FAP Activity sheet/folder, Adventure Boots, Clipboard, Plastic Bag and Bug spray.

Team Shirt, Lunch with Ice Pack, Approved Chair, Appropriate Closed Toe/Heel

Name: _____



Date: _____



Syllabus-Required Equip.

The following Required Equipment is essential to your active participation in the Field Activity Program. It will prepare you for our scheduled activities and any unforeseen situations, circumstances, or challenges we may encounter while in the field.

	Clipboard (to provide a hard writing surface)
	Planner (to organize schedule, assignments, and reminders)
	Activity Pages/ Folder (to fill in for each activity and store them until they are collected)
	Checkbook (to participate in the GCA economy system)
	3 pens (blue/black)/pencils (make sure pencils are sharpened)
	2 Drinks Water or Gatorade (must be a sealable bottle and filling prior to the FAP day)
	Poncho (to keep you dry if it rains)
	Sunscreen (SPF 15 or more) (MUST use to protect you for the sun's UV rays)
	Bug Spray (to ward off pesky insects)
	Swimsuit (to participate in swimming activities (scheduled or not)
	Towel (to dry off after getting wet)
	Change of Clothes (dress code appropriate) (to change into out of your swimsuits)
	Emergency \$2.00 (for a snack/drink)
	Adventure Boots (to protect your feet during water related activities)
	Plastic Bags (as a container for your wet items)

All items should be stored in your activity bags

Additional reminders: wear your team shirt, bring a lunch with an ice pack, approved chair, appropriate shoe (closed toe/heel)

Name: _____

Date: _____



Procedures

Field Activity Program Procedures:

- **Before we get started:**
 - Bus riders, enter through the gate to the FAP Cave, Car riders enter through the common area
 - Proceed to the yellow benches and take your seat
 - Place your Activity Chair on the shelf under the bench
 - Place your Activity Bag either behind your back or on the floor directly in front of you
 - Place your lunch on the floor directly in front of you
 - Make sure you are prepared for the day (Fill water bottles, sharpen pencils, etc.)
 - Sit quietly until 7:50am
- **Getting Started**
 - At 7:50am, our day will begin
 - Stand for the Pledge of Allegiance (If you choose not to pledge to the flag, please stand quietly until we are finished)
 - Take a Moment of Silence and Reflection to prepare your heart and mind for the day
 - Take out your Clipboard, Planner, Activity Manual and Composition Book Journal
 - Listen to the Morning Announcements and write important dates, assignments, programs, etc. in your planner
- **Program Introduction, Description, and Expectations**
 - We will have a program introduction to prepare you for each day's activities
 - Listen and take note of all expectations for the day
 - Complete your Activity Manual as necessary
- **Equipment Check-off**
 - Take out the gear to be checked off
 - Hold up each item as directed. As each item is checked, put it away.
 - Remain quiet during this process so we do not disturb the other classes.

Name: _____

Date: _____



Procedures

Field Activity Program Procedures cont'd:

- **Exiting the Building:**
 - When your required gear has been checked off, you will be released to go to the bus
 - As you leave the building, take care of any business you may have (Use the restroom, buy a snack or drink, write any necessary checks, visit the office to turn in paperwork, etc.)
 - Walk quietly through the gate with all of your belongings and wait by the railing in front of the office
 - **DO NOT LOAD THE BUS UNTIL AN ADULT IS PRESENT!!**
- **On the Bus:**
 - Load onto the bus when given instruction to do so
 - Sit in your reserved seat (Boys must sit with boys and girls must sit with girls)
 - Arrange your belongings so that the aisle is clear and fasten your seat belt
 - Once on the bus, all bus guidelines must be followed:
 - Remain seated at all times and stay entirely in your seat, keep your seat belt fastened securely, keep your entire body inside the vehicle at all times, be silent at all railroad crossings. There is no eating or drinking on the bus (except for water), no spraying of any substance (ex. Perfume, cologne, hair spray, sun screen, bug spray, deodorant, etc.), no communicating with outside vehicles or pedestrians (ex. Shouting out windows, trying to get a truck driver to honk his horn, etc.), no flashing lights or cameras that could distract the driver
 - Failure to comply with all bus guidelines will result in an assigned seat at the front of the bus, an essay, and/or director intervention
- **When the Bus Stops:**
 - Hold the reset button in for 5 seconds if you are sitting in the seat 11
 - Stop what you are doing, be quiet, sit down, and listen for instructions. We will let you know where you need to go, what we are doing, and what items you need to bring with you. We will ALWAYS have information to share with you before you get off of the bus. Your cooperation in this matter will allow us to proceed in a quick and timely manner. Please wait to gather your things until after our announcement!
 - When the bus stops at the end of the day or trip, please drape all seat belts over the seats, gather all of your belongings, and pick up any trash before exiting the bus.

Name: _____

Date: _____



Procedures

Field Activity Program Procedures cont'd:

- **Out in the Field:**
 - The three main FAP rules are:
 - Hands up! Face up!
 - Stay in the Loop, Be With the Group!
 - If You Gotta Go, Let Us Know!
 - * These rules will help us share information with you, keep the group together, and ensure that we know where you are at all times.
 - Each activity will have specific expectations and procedures. Here is a list of some basic guidelines to consider for all of our activities:
 - When someone is speaking, you are absolutely NOT! Listen carefully and respectfully, and raise your hand if you have something to add
 - Follow any and all instructions given to you
 - WALK! Wherever you go. Running is a leading cause of injury, so do not become a statistic! (Unless participating in a physical education activity where running is necessary of course)
 - Have at least one person with you at all times if given an opportunity to explore a location
 - Use any given equipment properly and safely
 - Always show the proper appreciation to those individuals who helped make the activity possible
 - Always clean up after yourself and leave an area cleaner than you found it
 - For All Water Related Trips:
 - **YOU MUST HAVE YOUR ADVENTURE BOOTS!!**
 - Basic Snorkeling Procedures:
 - You must have your adventure boots or GCA approved fins on your feet at all times!
 - Properly adorn mask, snorkel, and snorkeling vest
 - Keep snorkeling vest deflated unless you are in distress
 - Snorkel with a buddy at all times
 - Be aware of all snorkeling hand signals and respond appropriately to them
 - Snorkel at the surface and keep your face in the water at all times
 - Observe! Do not disturb!
 - Snorkel in designated areas only

Name: _____ Date: _____



Procedures

Field Activity Program Procedures cont'd:

- Basic Boating Procedures:
 - Load a boat only when given instructions to do so
 - Wear your snorkeling vest or PFD at all times
 - Remain seated when the boat is moving
 - Keep all hands, arms, and appendages inside of the boat at all times
 - No Bow Riding!
- Basic Caving Procedures (for 7th and 8th grade programs):
 - Wear appropriate caving clothes: long pants, socks that cover your ankles, an old shirt you do not mind getting dirty, and shoes that can get wet and/or dirty
 - Properly adorn caving equipment: Helmet, Light, Gloves, Kneepads (optional)
 - Pack a caving bag that includes: A back-up light, a cave snack, a hydration drink, and a wide-mouthed "P" bottle
 - Do not get stuck, if you cannot get yourself unstuck
 - Do not touch any formations inside of a cave
- **At Lunch:**
 - Sit down and eat your lunch
 - Remain seated at all times
 - If you need to get up, please ask permission to do so
 - Be sure to keep track of all of your garbage and dispose of it properly
- **At the End of the Day:**
 - Walk through the gate to the FAP Cave
 - Proceed directly to the yellow benches and take your seat
 - Arrange your belongings properly (chair under the bench, activity bag behind your back or at your feet, and lunch box at your feet)
 - Ask permission if you need to use the restroom, get a drink, etc.
 - Sit quietly until dismissal
- **Dismissal:**
 - Once dismissal begins, you must remain seated until we begin the Extended School Day
 - Bus riders will exit the building first through the gate
 - Car riders will be dismissed one at a time in order of the pick-up line and should exit from the back door
 - Sit quietly until you are dismissed



Procedures

Grading:

Your grade will be based on a combination of the following criteria:

- **Preparation-** In order to be prepared for your Field Activity Program (FAP) day, you will need to bring all of the required equipment as outlined under "Required Equipment." Here is how it will work:
 1. We will check to make sure that you have all of your gear at the start of each FAP day.
 2. You will borrow or purchase gear or pay a Missing Item charge with your GCA Credits according to the GCA Economy System.
- **Skills Test-** Certain activities will involve the mastery of a specific skill and you will be graded upon that skill. Here is how it will work:
 1. You will learn specific skills.
 2. You will be graded accordingly.
 3. You will be tested upon the mastery of those skills.
 4. You will practice specified skills.

Skills Tests are worth 100 points each and is 40% of your grade.
- **Completion of FAP Activity Worksheets-** Your Activity worksheets will accompany you on every FAP day. These worksheets will outline the objectives of each FAP day and become a study guide for your tests and exams. Keep all of your worksheets given throughout the quarter in a folder. You will receive a completion grade for this Activity folder. "Completion" means that all questions are answered as instructed. **Only Blue or Black Ink or Pencil will be acceptable for written assignments.** Your Activity Worksheets Folder is worth 100 points each time it is graded. It will be graded periodically. This is worth 15% of your grade.
- **Comprehensive Testing-** Tests are worth 100 points each and you should have 1-2 Written Tests each quarter. Each test is 15% of your grade. You will have one cumulative exam at the end of each semester for which you will be given a review. The semester exam is worth 10% of your semester grade and will appear on your report card.
- **Written Assignment-** We will chose a topic for your writing assignment, you will be expected to write a three paragraph paper and have it completed the date that it is due. Each paragraph must be six sentences long. All paragraphs must have a topic sentence as your first sentence and a concluding sentence. The assignments will be posted on your think.com page. **The written assignment is worth 100 points. These are worth 20% of your grade.**
- **Skills Check offs-** These assignments will make sure that you are capable of doing an activity properly. Each skill is four points each. **The check offs are 10% of your grade.**



Procedures

Absences:

If you are absent on a Field Activity Program (FAP) day, you will need to:

1. **Meet** with your FAP Leaders the day you return to school to receive your Make-up Assignment. Assignments will vary accordingly regarding the activity that was missed. (Ex. Swim skills test- we chose a date and time when it can be made up.)
2. **Complete** all components of your FAP Make-up Assignment. Your Make-up Assignment will consist of the following:
 - Completion of appropriate pages in your Activity Manual
 - Completion of any other missed assignments or tests as necessary
3. **Return** your completed Make-up Assignment to your FAP leaders **ONE WEEK** from the date of your absence if it is a written assignment. This will be your next Field Activity Program day. Extended absences will be treated on a case-by-case basis, but it is **YOUR** responsibility to inform your FAP leaders of your circumstances **BEFORE** the date your assignment is due. If no arrangements are made, your work will be considered **LATE!** We can be reached in person, by email, or by phone if necessary!
4. **KNOW** that you are responsible for obtaining, completing, and turning in your work on time!!! **2 credits** will be charged for all late assignments, and **5 points will be deducted** from your grade for each week it is late.
5. If you need assistance with your assignment, have any questions regarding the work you missed, or need to make up additional assignments or tests, Field Activity Program Make-up Sessions are held on Tuesdays from 2:30 pm - 5:00 pm during the extended school day.
6. When missing an activity that requires writing an essay of 350 words, the essay needs to be **HAND WRITTEN**. It also needs to be cited at the end of the essay to know where you got the information from. I will look it up to see if it was written in your own words, or if it simply copied. If it was copied straight from the website, your grade will result in a zero. You will have to do it again and will only receive a 60 percent.

If the assignment requires you to stay after school and make up a skills test, test, etc. I am here until 5:00pm on every Tuesday. If Tuesdays are not good for you, come see me to make an alternate plan.



Procedures

A Disclaimer to ALL!

**** GCA reserves the right to provide an alternate educational setting on FAP days to any students who choose not to follow the GCA Rules and Routines. Consistent problems will result in administrative intervention. ****

Grades:

Individuals who fail to complete their assignments or who are in danger of failing in any class may be required to remain at school on their Field Activity Day to make up their work and/or bring up falling grades. This arrangement can continue until the situation is rectified.

Behavior:

Individuals who regularly disrupt the learning environment of other students or who jeopardize the integrity of the Field Activity Program with inappropriate behavior may be required to remain at school on their Field Activity Day(s) to complete alternative assignments as necessary. This arrangement can continue until the situation is rectified.

GCA Credit System:

Individuals who maintain a negative credit balance may be restricted in the Field Activity Program and may be unable to participate in FAP related programs such as Saturday and Summer Adventures.

All Students:

****Please see Miss Aubrey or Mr. Kaufmann anytime if you have questions, if you need assistance with anything, or if you need to schedule an appointment with us.****

Field Activity Program make-up, study, or tutoring sessions must be completed during our office hours on **Tuesdays from 2:30 pm to 5:00 pm.**

Throughout our program, you will have the opportunity to experience many new activities and challenges that will spark your imagination, creativity, and intelligence to motivate you to reach your fullest potential possible. Remember to have a positive, go-with-the-flow attitude and an open mind as you embark on the adventures of a lifetime! This is your time, so make the most of it and enjoy everything you do!